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Cognitive Impairment and Peripheral Neuropathy by Mixed Organic Solvents in Spray Painters Working in a Shipbuilding Industry

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Background: Exposure to organic solvents becomes a common problem to workers of heavy industries in Korea. A number of volatile organic solvents which are frequently used in painting can cause various derangements of the nervous system, especially cognitive impairments and peripheral neuropathy. Methods: This study was carried out on 190 workers as a control group who had never been exposed to organic solvents and on 674 spray painters with long-term exposure to organic solvent mixtures. The major components of organic solvent mixtures were determined. All subjects underwent neurological examination as well as routine physical check-up after completing questionnaires on general, musculoskeletal, neuropsychiatric and neurological systems. Subjects with abnormal findings on neurological examination related with the exposure of organic solvent mixtures took further neuropsychological and neurophysiological tests. **Results**: The prevalence rates of cognitive impairments and of peripheral neuropathy in the exposed group were significantly higher than the control group (9.5% vs 2.1% and 2.1% vs 0%, respectively). High exposure group (more than 2.64 of cumulative exposure index, CEI) showed also higher prevalence of cognitive impairments and of peripheral neuropathy than low exposure group (cognitive impairments; 12.3% vs 6.4%, peripheral neuropathy; 2.3% vs 1.8%). Most common cognitive impairments were attentional deficit, and abnormal sense on the extremities or face was most common symptom of the peripheral nervous system. Conclusions: This study is the first large-scale, case-control study extensively evaluating cognitive impairments and peripheral neuropathy related with volatile organic solvent mixtures in spray painters working in a shipbuilding industry in Korea. The results show that the prevalence rates of cognitive impairments and of peripheral neuropathy are relatively low, but clearly related with the exposure extent of organic solvents.

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Key Words: Mixed organic solvents, Prevalence rate, Cognitive impairment, Peripheral neuropathy

, 80 1960 Manuscript received October 10, 1999. 가 Accepted in final form January 17, 2000. Address for correspondence 1995 In Soo Joo, M.D. 0.14% Department of Neurology, Ajou University School of Medicine, 16% Wonchon-dong, San 5, Paldal-ku, Suwon, 442-721, Korea (carbon disulfide, CS2)가 Tel: +82-331-219-5172, Fax: +82-331-219-5178 1987 가 DMF(n,n-E-mail: isjoo@madang.ajou.ac.kr

dimethyl formamide), bromopropane	TCE(trichloroethylene), 2- 가 .²	, , ,	,
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가 .³		difficulties scale, CDS) ¹⁵	가 (cognitive 가 38
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Table 1. Demographic characteristics of the study groups

Chracteristics	Contol Group	Exposed Group	
Chracteristics	(n=190)	LE*(n=348)	HE†(n=326)
Sex [‡] Male	187 (98.4%)	324 (99.4%)	296 (85.1%)
Female	3 (8.0%)	2 (0.6%)	52 (14.9%)
Age (year) [‡]	39.7 ± 8.1 [§]	39.5 ± 8.2	42.4 ± 7.0
Education (year) [‡]	10.1 ± 2.0	10.0 ± 2.1	9.1 ± 2.4
Duration of exposure (year)	-	9.5 ± 5.5	12.5 ± 3.6
Alcohol consumption (bottles)	1.9 ± 2.3	2.1 ± 3.0	1.6 ± 3.1
Smoking (pack-year)	10.2 ± 10.2	10.3 ± 12.6	9.5 ± 12.4

^{*}Low exposure group (CEI<2.64), [†]High exposure group (CEI 2.64), [‡]p<0.05
Mean ± Standard deviation

Table 2. TWA/TLV* of each solvents in solvent mixture and exposure index of solvent mixtures (Em)[†]

	TWA	TLV	Overexposure
Solvents	Mean ± SD (minimum-maximum)		frequency (%) [‡]
Acetone	$1.19 \pm 10.83 \ (0.00 - 156.85)$	750	
Butyl acetate	$0.35 \pm 1,21 \ (0.00 - 9.97)$	150	
Benzene	$0.08 \pm 0.49 \ (0.00 - 4.98)$	10	
1-Butanol	$1.44 \pm 6.10 \ (0.00-61.0)$	50C [§]	2 (0.5)
2-Butanol	$0.08 \pm 0.62 (0.00 - 7.51)$	100	
2-Ethoxy ethyl acetate	$0.21 \pm 1.11 \ (0.00 - 14.09)$	5	3 (0.8)
Ethyl acetate	$0.32 \pm 1.44 (0.00 \text{-} 12.64)$	400	
Ethyl benzene	$4.04 \pm 11.91 \ (0.00 - 110.10)$	100	1 (0.3)
2-Ethoxy ethanol	$0.14 \pm 0.40 \ (0.00 - 4.57)$	5	
Ethyl(2-, 3-, 4-) toluene	$2.69 \pm 8.46 (0.00 - 108.01)$	-	
Hexane	$0.04 \pm 0.79 \ (0.00 - 15.71)$	50	
Isobutyl alcohol	$0.05 \pm 0.24 (0.00 \text{-} 1.61)$	50	
Isopropyl alcohol	$0.03 \pm 0.20 \ (0.00 - 2.06)$	400	
Methyl butyl ketone	$0.08 \pm 1.07 (0.00 \text{-} 18.87)$	5	2 (0.5)
2-Methoxy ethanol	$0.09 \pm 0.35 \ (0.00 - 4.60)$	5	
Methyl ethyl ketone	$0.08 \pm 0.72 (0.00 - 12.91)$	200	
Methylisobutylketone	$0.50 \pm 2.02 (0.00-21.84)$	50	
Propyl bezene	$1.19 \pm 3.81 \ (0.00-25.57)$	-	
Styrene	$0.10 \pm 0.50 \ (0.0 - 5.62)$	50	
Trichloroethylene	$0.06 \pm 0.77 \ (0.00 - 14.25)$	50	
Trimethylbenzene	$1.99 \pm 5.41 \ (0.00-54.40)$	25	6 (1.5)
Toluene	$1.74 \pm 7.24 \ (0.00 - 102.62)$	100	1 (0.3)
Xylene (m-, o-, p-)	$16.58 \pm 56.48 \ (0.00 - 480.48)$	100	15 (3.8)
Em	$0.44 \pm 1.05 (0.00 - 10.20)$	1	41 (10.3)

^{*}TWA (Time Weighted Average concentration, ppm)/TLV (Threshold Limit Value, ppm)

Ceiling value (ppm)

. , (cumulative exposure index, CEI)

3.

.17 CEI SPSS 7.0

2.64 , 2.64 . (oneway ANOVA) , ,

 $^{^{\}dagger}$ Em (Exposure index of solvent mixtures) = Xn/TLVn, where Xn is the time-weighted concentration of the nth solvent and TLVn is the threshold limit value for that solvent

[‡]Sample number = 398

Table 3. Results of cognitive impairments on neuropsychological test

Cognitive impairment	Control Group	Exposed Group	
Cognitive impairment	(n=190)	LE*(n=326)	HE [†] (n=348)
minimal to mild (1.5-2SD)	1	13	22
moderate to severe (>2.SD)	3	8	21
Total [‡]	4 (2.1%)	21 (6.4%)	43 (12.3%)

^{*}Low exposure group (CEI<2.64), $\,^{\dagger}$ High exposure group (CEI $\,^{2}$.64), $\,^{\dagger}$ p<0.05

Table 4. Cognitive impairments of the exposed group on neuropsychological test

Coonitive domains	Exposed Group		
Cognitive domains	Total (n=674)	LE* (n=326)	HE [†] (n=348)
Attention	48 (7.1) [‡]	14 (4.3)	34 (9.8)
mild	19 (2.8)	8 (2.5)	11 (3.2)
severe	29 (4.3)	6 (1.8)	23 (6.6)
Memory	46 (6.8)	15 (4.6)	31 (8.9)
mild	21 (3.1)	7 (2.2)	14 (4.0)
severe	25 (3.7)	8 (2.4)	17 (4.9)
Psychogenic disorder	36 (5.3)	10 (3.0)	26 (7.5)
mild	11 (1.6)	3 (0.9)	8 (2.3)
severe	25 (3.7)	7 (2.1)	18 (5.2)
Executive function	22 (3.3)	6 (1.8)	16 (4.6)
mild	13 (1.9)	4 (1.2)	9 (2.6)
severe	9 (1.3)	2 (0.6)	7 (2.0)
Visuoconstructive function	10 (1.5)	2 (0.6)	8 (2.3)
mild	4 (0.6)	1 (0.3)	3 (0.9)
severe	6 (0.9)	1 (0.3)	5 (1.4)
Intellectual decline	1 (0.1)	0 (0.0)	1 (0.3)

^{*}Low exposure group (CEI<2.64), †High exposure group (CEI 2.64)

0.05

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2. 29 가 가 (Table 2). 1. (xylene) 17ppm 864 190 (22%), 17% 348 (40.3%), 326 (37.7%) (ethyl benzene) (ethyl toluene) 807 (93%), 57 (7%) 4ppm 3ppm 가 가 가 41 398 10.3% 가 (39.7)(39.5)(42.4)15 (3.8%) (9.1) (10.1)(trimethylbezene) 6 (1.5%) (10.0)(methyl butyl ketone), (toluene), 2-(2-ethoxy ethyl acetate) 9.5 12.5 가 (Table 1). 가

(Em)

[‡]Number of person (%)

 Table 5. Results of symptom questionnaire on the peripheral nervous system

Crimatoma	Control Group	Exposed Group	
Symptoms	(n=187)	LE* (n=324)	HE [†] (n=296)
Abnormal sense [‡]	78(41.7) [§]	226(69.8)	226(76.4)
Muscle weakness [‡]	27(14.4)	132(40.7)	152(51.4)
Decreased visual acuity [‡]	105(56.1)	229(70.7)	219(74.0)
Hearing disturbance [‡]	56(29.9)	184(56.8)	198(66.9)
Olfactory disturbance [‡]	12(6.4)	73(22.5)	99(33.4)
Dizziness [‡]	32(17.1)	142(43.8)	133(44.9)
Sexual disturbance [‡]	20(10.7)	110(34.0)	129(43.6)
Urination problem [‡]	16(8.6)	65(20.1)	75(25.3)
Defecation problem [‡]	38(20.3)	109(33.6)	117(39.5)
Sweating problem [‡]	17(9.1)	100(30.9)	109(36.8)

^{*}Low exposure group (CEI<2.64), †High exposure group (CEI 2.64), ‡p<0.05

Table 6. Results of nerve conduction study(NCS)

	* ' '	
Findings -	Control Group	Exposed Group
Tilidings –	(n=12/190)*	(n=124/674)
Normal	9	65
Abnormal	3	59
Carpal tunnel syndrome	3	32
Tardy ulnar nerve palsy	1	19
Peripheral polyneuropat	hy [†] -	13
Median motor neuropath	ny -	3
Ulnar sensory neuropath	y 1	1
Bilateral ulnar neropathy	, [†] -	1
Combined	2	10

^{*} Subjects taken NCS/Total subjects of each group

7\ (methyl-hippuric acid) 0.49 g/g creatinine , , (mandelic acid) (hippuric acid) 0.04 g/g creatinine, 0.56 g/g creatinine . 7\ .

3.

5.9,
$$43.6\pm6.4$$
, 44.1 ± 5.6 , $9.0\pm$ 2.7, 8.7 ± 2.4 , 8.0 ± 2.6

. (based on 'cut-off' score or nor-

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mative data)
     가
            4 (2.1%),
                                21 (6.4%),
       43 (12.3%)
        가
                    가
                            (Table 3).
                   가
                             (38\%)
 (49\%)
                          가
                                        (atten-
tional deficit)가 48
                       가
7.1%
                                        가 46
(6.8\%),
                (psychogenic disturbance)가 36
                     (executive dysfunction)가
 (5.3\%),
22 (3.3%),
                             (visuoconstructive
dysfunction)
               10 (1.5%)
                            (Table 4).
 4.
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807 187, 620 (324 296) 가 가 가 41.7%(78), 69.8%(226), 76.4%(226) 56.1%, 70.7%, 74.0%) (29.9%, 56.8%, 66.9%), (14.4%, 40.7%, 51.4%), (17.1%, 43.8%, (10.7%, 34.0%, 43.6%) (20.3%, 33.6%, 39.5%), (8.6%, 20.1%, 25.3%) 가 (Table 5).

[§] Number of person (%)

[†] Peripheral neuropathy caused by mixed organic solvents

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(organic affective
(75%), '
           (39%), '
                        (30%), '
                                               syndrome)
                                                                      (chronic toxic encepa-
(28%), '
           (22%), '
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                                               phalopathy)
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                  (39%),
    (47%),
                                     (36\%)
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            23%
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                   45.5%
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 (42%),
               (37%),
                            (36%)
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                   가
                                     (30%,
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11%),
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                              14.6%
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                        124 )
  136 (
             12 ,
                   가
                               3
59
      (carpal tunnel syndrome)
                                                              가
                (ulnar sensory neuropathy)
              (tardy ulnar nerve palsy)
                                                                                 가 가
                                  32 ,
           가 19 ,
                                 (peripheral
                                                              (medial temporal lobe)
polyneuropathy) 13 ,
                                                      가
(mononeuropathy) 4 ,
                                   (bilateral
ulnar neuropathy) 1
                              10
                                                                  가
          (Table 6).
                       2.1%
                                     14
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                                                                  가
                                                                          가
                                     8
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      (6)
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                                                            11
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                                                                   6.4%,
                                                                                  12.3%
      가
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                                     가
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                           8,20
 1.
                                                 2.
 1985
                 (WHO)
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(n-hexane),28 (methyl-n-butyl ketone, MBK),29 (carbon disulfide)30 가 41.7% 가 72.9%가 가 가 가 가 가 가 3 59 3 가 45 19 14 .31 2.1% 가 (1.6%)8 (2.3%)6 가 가 가

가 . , 가

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